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FCS Newsletter 1984-1985

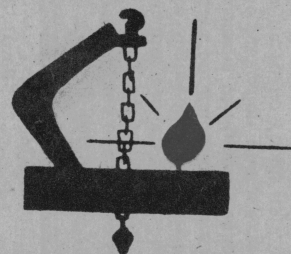
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Crouse named Dean of Home Economics

Joyce Crouse became Assistant Dean/Chairperson of the School of Home Economics on July 1, 1984. With the creation of the College of Applied Sciences, Barbara Owens became Dean of the new College, leaving a vacancy as head of Home Economics. Dean Owens appointed Dr. Crouse, Assistant Dean/Chairperson. Dr. Crouse is responsible for all operational aspects, personnel, and academic programs of the School of Home Economics. As Assistant Dean, she has the additional responsibility of assisting the Dean of the College of Applied Sciences in the development and implementation of University policies and procedures.

Dr. Crouse believes the greatest challenge ahead for Home Economics is "... helping individuals and families develop knowledge and skills to function effectively in a rapidly changing society. Technological advances have and will continue to impact on families in both positive and negative ways. For example, communicating to work as opposed to commuting to work would, at first glance, appear to be a very positive factor for families and would allow them to spend more time together. Yet a closer look indicates that working at home via

computer brings a host of other problems such as the self-discipline needed to get work accomplished, loss of professional peer stimulation, conflict over "ownership" or territorial rights to space in the home, and other similar problems.

"The School of Home Economics at Eastern Illinois University has a strong educationally sound Home Economics program with an outstanding faculty. This group of dedicated professionals consistently seeks to provide quality education designed to prepare professional home economists who are ready to function effectively in a 'high tech-high touch' society."



Dean Joyce Crouse

University cited for excellence

"Eastern Illinois University is accomplishing its mission and doing so with distinction," according to the recent North Central Association (NCA) accreditation report.

The NCA is the agency which accredits universities in this region. Following an intensive institutional self study, an accreditation team visited in

November. The team commended Eastern for a "stable, generally well qualified" faculty "committed to excellence in teaching." The team was impressed that most students they contacted "reflected an attitude of 'I like it here.'" Also cited were an "attractive" campus and "extremely well kept" grounds and buildings.

**Graduate program
sets record**

See page 5

**1984 Outstanding
Alumnus**

See page 2

**Home Economics
in Business**

See pages 6-7

Weber Outstanding Alumnus recipient



President Stanley Rives presents the 1984 Outstanding Alumnus Award to Dr. Margaret Price Weber.

Dr. Margaret Price Weber was honored as the 1984 recipient of the School of Home Economics' "Outstanding Alumnus Award" last May.

Weber is Coordinator of the Housing and Interior Design Program, College of Home Economics, Oklahoma State University.

She earned her degrees at Eastern in 1969 and 1970 and a Ph.D. at the University of Missouri in 1977. Dr. Weber taught in the Pana Ill. Community Schools from 1970 to 1973 before becoming a graduate teaching assistant at Missouri. She was an adult education teacher in Macon, Mo., for one year before going to Oklahoma

State in 1977.

Dr. Beverly Crabtree, Dean of the College of Home Economics, said "since joining the faculty at OSU, Dr. Weber has assumed significant responsibilities for resident instruction, undergraduate and graduate student advisement, research and extension/public service. She is truly an outstanding professional."

Weber is a member of many professional organizations and has written widely for scholarly publications. At Oklahoma State she is actively involved in research, and she works with builders and interior designers in Oklahoma.

She holds the rank of associate professor, an "early promotion," according to Crabtree. She and her husband, Dr. Joseph A. Weber, are the parents of two sons.

The Home Economics Outstanding Alumnus Award includes a \$100 award and plaque. Each recipient is listed on a permanent plaque in the Home Economics Education Center. The Award comes from the Swope Fund for Excellence established in honor of Dean Emeritus Mary Ruth Swope. Dr. Swope wished to recognize outstanding home economics professionals in this way.



Outstanding Seniors, 1984, are from left Lisa Perkins, Family Services; Maureen Frangella, Consumer Affairs; Mimi Moore, Foods/Nutrition; Jessie Tingley, Home Economics; and Janice Brauer, Fashion/Merchandising. Not pictured is Beth Mobley, Dietetics. **Mimi Moore** was also named Outstanding Kappa Omicron Phi Member.

Bigham receives scholarship

Rhonda Bigham, a Home Economics Education major from DuQuoin, Ill., is the recipient of a \$500 Vocational Education Scholarship provided by the Illinois Congress of Parents and Teachers.

Bigham was chosen from 12 applicants with selection based on scholastic achievement, leadership, and commitment to teaching vocational education, according to Dr.

Richard K. Hofstrand, Director of Occupational Education at Eastern Illinois University.

Bigham is a junior at Eastern who plans to teach at either a junior high or high school and states, "I want to continue promoting the importance of vocational learning and strive to make people more aware and involved in vocational programs."

Skinner awarded Fellowship

Kim Skinner, a home economics graduate student, was awarded a \$4500 Fellowship for Graduate Study by Phi Kappa Phi, national scholastic honor society. A Fall 1983 graduate of Western Illinois University, Skinner was selected as an "outstanding" graduate. After completing her dietetic internship at Barnes Hospital in St. Louis, she plans to return to Eastern to complete her master's degree in Fall 1985.

M. Rewoldt Smith recognized

Margaret Rewoldt Smith was named by the Iowa Dietetic Association as a Recognized Young Dietitian of the Year. Two Iowa dietitians age 30 or under are recognized annually for outstanding leadership and service in dietetics. About 100 young dietitians are recognized nationwide.

After graduating from Eastern in 1978 in dietetics, she completed a dietetic internship and Master's degree at the University of Iowa. She has formed a partnership with another registered dietitian, known as Smith and Manternach Nutrition Associates, in Dubuque, Iowa.

Honored

Catherine Carter receives 1984 Outstanding Service Award

Catherine A. Carter was presented the School of Home Economics Service Award for her contributions to home economics in Illinois at the 1984 Recognition Tea.

She retired last year from her position as Head Consultant, Home Economics Occupations, Consultant Services Section, Department of Adult, Vocational and Technical Education. She has served home economics for 38 years.

Carter also was honored with a Service Award by FHA-HERO (Future Homemakers of America-Home Economics Related Occupations) in 1981. This award was given for her outstanding leadership abilities.

The award citation noted that Carter, a true professional, has served as a role model for students and advisers. She has made a strong commitment to the organization and has contributed many practical ideas. Her superior skills in administration, along with her other contributions have made her an expert in the field of home economics education.



Catherine Carter

Carter attended five (FHA) State Leadership Conferences as a teacher and 28 as a State Adviser.

She has participated in 28 National Leadership meetings all over the nation and has held offices and worked on committees of many professional organizations.



The Giffin Scholarship was established in 1978 by the late Mrs. Dorothy Giffin Dinesen of Casey, Ill. to recognize "outstanding students" in home economics. Scholarships are awarded annually on the basis of scholastic achievement, leadership, and professionalism.

The 1984 recipients of the Elsie and Erson Giffin Scholarship are pictured from left to right as follows: Lori Braden, Diane Duing, Sharon Farley, and Tracee Hoffmeyer. Diane Duing also received the Ruth Gaertner Dietetics Scholarship.

News and Views is our way of communicating with alumni, students, parents, and others. Information has been provided by numerous faculty and students. Dr. Ruth Dow served as editor. Other committee members are Drs. Barbara Bieler, Joyce Crouse, Ms. Nance Southworth, Dr. Virginia Vogel, graduate student Mariette Carleton, and senior Janice Waldecker.

Kerri Niemann of Student Publications assisted with layout, design, and publication. Photos were taken by Bieler and by Gene Winger of the Audio Visuals staff. We hope you will share your news and views with us.



Dr. Ruth Dow and graduate student Mimi Moore confer on a class project.

Dow receives merit award

Dr. Ruth Dow received one of four EIU Faculty Merit Awards for Service for 1983-84 from President Stanley Rives at a luncheon honoring outstanding faculty. The Faculty Merit Awards were initiated in 1978 as a revision of the University Award for Outstanding Teaching founded in 1975. A total of ten Faculty Merit Awards is given in three categories: teaching, research/creative activities, and service. The recipients must excel in one of the areas as well as in teaching.

Dow began teaching at EIU in 1969 and has a long history of service to the School of Home Economics, Eastern, and the larger community. Her most recent service have included: contributions to the dietetic and nutrition programs; Chair of the School of Home Economics Graduate Committee; President of the Illinois Dietetic Association; volunteer at the nearby Lincoln Log Cabin State Historic Site doing research and recipe development for the 1840s period cooking and food preservation; directing a number of funded research projects; involvement in many diverse groups. She received the University Outstanding Teaching Award in 1978.

Dow believes that one research project is illustrative of her approach to teaching and service. Her approach is one of pragmatic application. Dow, Dr. Martha Brown, and eight graduate

students completed a study of local high school student lunches. That study resulted in first hand research experience for the graduate students, personalized dietary analyses for high school student participants, stimulating community discussion and involvement in school lunch programs, improved school lunches, and improved nutrition education. Dow is "really interested in the application of knowledge." She says, "It is important to have students see faculty actively involved in professional activities and community service as well as teaching. . . it seems to lead directly to more EIU students involved in preprofessional activities, and to early and continued involvement in professional service."

When asked what the award has meant to her, she replied, "It's gratifying to find that other people feel my contributions are valuable. I've always been interested in and enjoyed seeing people grow and to participate in their learning."

This approach of learning through first hand experience, the application of knowledge to practical problems, and involvement with students in professional and community service has obviously aided students, the community, and brought to Dow a high award from the University. Congratulations on a job well done!

—Barbara Bieler

Annie Moore Scott named Teacher of the Year

A 1969 Eastern Home Economics graduate, Annie Moore Scott, has been named the 1984 New Jersey Home Economics teacher of the year and was one of three merit winners in a nationwide Home Economics Teacher of the Year competition.

Scott teaches at West Windsor-Plainsboro High School in Freehold, N.J. The school was brand new in 1975 when she joined the faculty; however, she said, "the home economics curriculum was so old—it still stressed only cooking and sewing."

When she became head of the Home Economics department, and after five years of research, she developed a new junior high curriculum called Life-skills-8. This non-traditional Home Economics program won her recognition for outstanding contributions to her profession.

She developed the new program to help eliminate stereotypes as well as sex biases often associated with the term "home economics." In addition, the course was designed to prepare young consumers to meet their needs more effectively in the 1980s and 1990s.

As a result of the program, the



Annie Scott

students learn survival skills that were previously taught by families. The community has an above average number of dual career and single parent families.

Other student accomplishments include learning decision making skills,



Sheila Welsh at the Sullivan Senior Center.

Welsh active in Senior Nutrition

Sheila Welsh has made significant contributions related to service for the elderly since her graduation in May, 1983 in Home Economics in Business-Consumer Affairs.

In September, 1983, Welsh became Supporting Services Specialist with the Peace Meal Senior Nutrition Program, working in Shelby, Moultrie and Piatt counties.

Since assuming the position with Peace Meal, Welsh added the Bethany congregate meal site, added home delivered meal programs in Windsor and Bethany, wrote the proposal for funding a new senior center in Sullivan, and assumed the responsibility of making that center a reality. She and two colleagues, Nancy Stoutenborough and Margaret Messer, both School of Home Economics alumni, have submitted a proposal to make a presentation on home delivered meal assessment techniques at the National Association for Aging Service Providers meeting in Seattle later this year.

Senior Center

Development of the Senior Center in Sullivan was the largest task in Welsh's short career. The proposal for funding was the first she had written; it was funded. Moultrie county residents now can enjoy a Peace Meal lunch at the center Monday through Friday. Regular recreational activities include crafts, quilting, cards, bingo, other

games, and parties. A wood working shop, classes in health maintenance and various programs presented by resource persons are also available.

An outreach program puts senior citizens in contact with agencies or services they need. Welsh is the president of the board of directors of the Moultrie County Council on Aging which is responsible for the functioning of the Sullivan Senior Center. Welsh says that the \$59,000 federal grant obtained through the East Central Illinois Area Agency on Aging and \$20,000 contributed locally through were responsible for initiating this endeavor, but the center plans to become self-sufficient.

Elder Abuse

Welsh is concerned about the amount of elder abuse that occurs daily. She has seen several different kinds of abuse, but mostly she sees neglect of the elderly by family. Threats are another kind of recurring abuse. One common threat is for a child to say to his/her parent, "If you don't start eating, I'll put you in a nursing home."

What does Welsh like best about her work? The people! She says that she learns so much each day from the people. Each day is a history lesson for her.

She feels a sense of accomplishment in both her personal and professional life including the personal interaction and support she gives to older residents of Shelby, Moultrie and Piatt counties.

—Virginia Vogel

Kaufman recognized by Extension Association

Donna Kaufmann received a Professional Improvement Scholarship from the Illinois Extension Home Economics Association. The scholarship is presented to encourage extension home economists to continue their education and to pursue research and studies related to the profession.

A Fall 1984 Master's graduate, Kaufmann received the award in recognition of her thesis research, Attitude, Knowledge and Behavior Related to Savings: A Study of Southern Illinois Women. Given twice a year, this scholarship was presented at the association's fall meeting. Dr. Carolyn Jarmon was her thesis adviser.

In 1976 Donna Falconnier (now Kaufmann) received a B.S. in Home Economics with Teacher Certification. She has been Cooperative Extension Adviser-Home Economics in Clay County, Ill. since.

—Lisa Fehr

SHEA News

"I Love Home Ec"

"I Love Home Ec" was the theme chosen for this year's SHEA motto at Eastern. The week of September 24-28 was filled with SHEA promotions, stating "I Love Home Ec".

Membership Drive

The SHEA membership drive was held for three consecutive days with approximately 150 people joining. The total membership of Eastern's SHEA is about 250. This is the largest student membership in Illinois, and one of the largest in the nation.

Fashion Show

As a kick-off meeting for the year the home economics faculty and the SHEA section officers presented a unique fashion show, modeling clothing from past, present, and future in each area of home economics. A great deal of imagination went into many of the costumes.

Book Sale

Books covering 6 tables and piled up to 2 feet high were sold at nominal prices to students at SHEA book sale. Home economics professors sorted through their libraries and donated all text books and materials they did not need. Over 1000 books were donated and approximately 600 were sold. This was a profitable fund-raiser for SHEA, and put the books to good use.

SHEA state officers elected

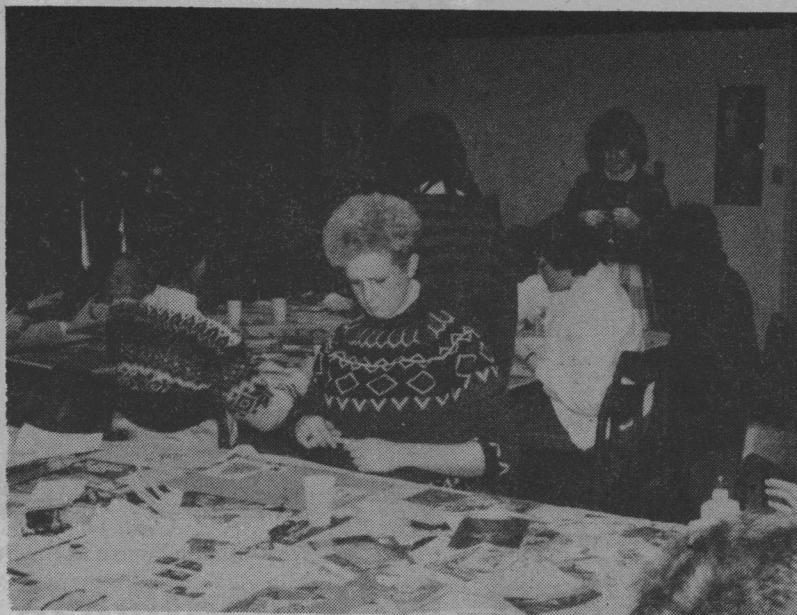
Three Eastern students were named as SHEA state officers at the 1984 Illinois Home Economics Association conference in Peoria. Connie Esposito, Consumer Affairs, will be assuming the office of state secretary, Marta Mitchell, Education, is state consumer chairman, and Deb Rich, Dietetics, is the new state elections chairman.

Fourteen Eastern students attended the Student Member Section at IHEA. Flo Banwart, owner of Flo and Friends Shop, Morton, IL spoke on goal setting and realizing your talents and potentials. The conference was a valuable experience for all student members.

Christmas Service Projects

As their annual service project this year the Student Home Economics Association and Kappa Omicron Phi joined together to collect food for the Food Pantry, a community sponsored emergency food project. They also made 102 Christmas placemats for the residents of Hilltop Nursing Center. These placemats were each unique and personalized for every resident. They were used to brighten the residents' Christmas dinners.

—by Janice Waldecker



(Left) SHEA members make holiday placemats for nursing home residents. (Right) Stacked high are books sold by SHEA. 1984 Presidents examine books

for sale. Left to right are Suzie Warkow, Deb Rich, Nancy Piper, Karen Engel, and Jan Waldecker.



SHEA elections

Elections are held every November by all sections of the Student Home Economics Association. There are 22 new officers this year in the 5 sections of SHEA. These are the new presidents, their faculty advisers, and their officers.

Education

President-Rhonda Bigham; Vice president-Marta Mitchell; Publicity-Dana Murphy and Allison Thomas; Social/Membership-Lisa Washburn and Debbie Winters. Adviser-Dr. Mary Lou Hubbard.

Family Services

President-Joy Barker; Vice president-Sharon Luecke; Publicity-Janice Kroeger; Social/Membership-Donna Slattery; Adviser-Mrs. Carol Armstrong.

Consumer Affairs

President-Connie Esposito; Vice president-Denise Kowalski; Membership-Monica Bear; Publicity-Lori Rupkey; Adviser-Mrs. Gayle Strader.

Fashion/Merchandising

President-Kristina Faigy; Vice president-Mary Friedel; Membership-Donna Offerman; Publicity-Jean Deal; Adviser-Mrs. Norma Harrison.

Foods-Nutrition and Dietetics

President-Sheryl Ritter; Vice president-Paula Diehl; Membership-Kathy Lawson; Publicity-Deb Rich; Adviser-Mrs. Paula Synder

Donna Lindsay Schwandt honored

An Eastern Home Economics graduate has been named Teacher of the year by the National Association for Vocational Special Needs Personnel. Donna Lindsay Schwandt, '68, was honored at a ceremony in Anaheim, California. Presenting her award was another EIU Home Economics graduate, Sharon Full, '74, President of the Vocational Special Needs Personnel Association.

Schwandt was honored for her work

Debbie Rich elected

Debbie Rich, a junior in Dietetics, was elected Treasurer at the 23rd Annual WIM Regional Student Home Economics Conference at the Chicago Palmer House Hotel Feb. 7-9.

Approximately 175 students, including 12 from Eastern, attended. Each student arranged her/his own career tour package and career seminar. Dawn Einfeldt, a Consumer Affairs senior, served as WIM Social Chair this year and set up the Consumer Affairs packages. Students attended from Wisconsin, Illinois, Indiana, Iowa, Michigan, Missouri, and Minnesota. Thanks and appreciation go to Mrs. Carol Armstrong for being such a super WIM adviser and providing support to help make this year's conference a success.

—Dawn Einfeldt

"in developing the TAPS (Teenage Parenting Skills) program and for her dedication and skill in teaching disadvantaged youth." A career teacher, her experience has included teaching parenting at North Idaho College and home economics in Newfoundland. She is on faculty at the Coeur d'Alene Alternative School, and has a master's degree in vocational education from the University of Idaho.

Kappa Omicron Phi

Members of Kappa Omicron Phi are sharing themselves and their time with residents of Heritage House, a local nursing home.

As a service project spring semester, home economics honor society members go in pairs to visit the residents. On their weekly visits they write letters, read to or with residents, or help them do simple tasks like mending. Sometimes they simply talk with the people—sharing human contact and interest.

Over 200 giant Halloween cookies were baked and sold by Kappa Omicron Phi as their fall money-making project. Orders were taken a week before Halloween; then the cookies were decorated with personalized messages. There were 8" and 14" cookies and they were sold for \$2 and \$5. This proved to be a very successful money-making project.

Parents Weekend Through student eyes

Parents' Weekend at EIU can be a joyous as well as disastrous occasion. Many students haven't seen their parents since they were dropped off at school in August. Some would like to keep it that way. Others are overwhelmed because the folks bring them food and money.

The weekend typically starts early for some as they get up to clean their room before Mom and Dad arrive. For many students, this is the first time they have ever seen 6:30 a.m. Just as they finish cleaning, the parents pull up. "Whew!" just in time!!

Then it's off to the football game. Of course, the seats are at the top of the stadium. By the time they reach their seats it's half time. . . just time enough to descend for a hot chocolate run.

After the football game (which we won this year!), it's on to another new and exciting experience: Dining in

Public - HEC 2001. This course includes waiting to get a table, not sitting with your elbows on the table, and using a napkin on the lap to catch the "things" that miss the mouth. One advantage of this experience is that it is the first real food eaten since August.

After dinner, it's the Parents' Weekend Show! This year the show was surprisingly good. However, the public address system broke, so no one could hear the speaker.

After the show, Mom and Dad take sons and daughters to the bars. It's time to find out that parents are real people too. Boy, can Dad put away those slammers!

None too soon, parents are on their way home. . . and students have survived yet another Parents' Weekend.

—by two anonymous Fashion Merchandising students



Parents' Weekend



Graduate assistants, back row from left: Rhonda Beasley, Kate Jensen, Marci Perlmutter; front: Mariette Carleton, Jill Wilhelm, Mimi Moore

1984-85 Graduate Assistants

An enthusiastic and supportive group of six students serve as 1984-85 graduate assistants in Home Economics.

From Oak Forest, Illinois, is Rhonda Beasley who assists in the Child Development and Infant Development Laboratories. She plans to graduate this summer with a M.S. in Home Economics. In the fall she will continue her education in Louisville, Kentucky.

The other assistant in the Child and Infant Development Labs is Mariette Carleton. She plans to graduate in August with a M.S. in Home Economics and to return to Pontiac, Michigan. She hopes to serve the aged in a counseling role.

Kate Jensen graduates in August with a M.S. in Home Economics. Her emphasis has been in foods and nutrition. After a six month clinical experience she will take the dietetic registration exam. Her assistantship is in general home economics. Kate is from Country Club Hills, Illinois.

The graduate assistant adviser for

the Student Home Economics Association is Mimi Moore. From Western Springs near Chicago, Mimi hopes to work for a food company after graduation this summer. She is earning a M.S. in Home Economics with an emphasis in foods and nutrition.

Graduate assistant in foods and nutrition and a member of the Graduate Committee, Marci Perlmutter also expects to graduate in the summer of '85 with a M.S. in Home Economics. She is from Warren, New Jersey, where she will have a 6 month internship in a hospital followed by completion of the dietetic registration exam.

Jill Wilhelm is a graduate assistant in foods and nutrition. She is from Homewood, Illinois and has a busy August ahead. She is graduating with a M.S. in Home Economics and is also getting married. She hopes to work in the area of maternal nutrition.

—Mariette Carleton

Master's Degree grows

A record 23 graduate students received Master of Science degrees from the School of Home Economics in the 1983-84 academic year (fall, spring, summer).

The Dietetics Options, M.S. in Home Economics was selected by nine students last year. Other graduates planned individualized courses of study focusing on one or more of the following areas: foods and nutrition (8), human development-family life (4), home economics education (1), and combined (1). Recent graduates reported a high degree of satisfaction with their graduate programs (see related article).

Timely Scheduling

Many graduate courses are scheduled to accommodate the

numerous students who are employed and/or commute to campus. Late afternoon and evening classes are common. A different type of scheduling is offered this spring. Seminar in Home Economics is being taught on three weekends spaced through the semester. Classes of this type meet from 4 to 10 p.m. Fridays and all day Saturdays. Similar scheduling is anticipated for Spring 1986.

Several single weekend workshops are being offered for one semester hour credit. Check the 1985 summer schedule (back page) for courses that may interest you.

We welcome inquiries about our graduate programs designed meet to a variety of student professional and personal objectives. Please contact Dr. Ruth Dow, Graduate Coordinator.

Laboratory manuals printed

Barbara Bieler received a grant from the Winkleblack Family Fund to develop a laboratory manual for HEC 3853, Practicum in Child Development. The money will be used to develop the manual and duplicate it to be sold to students. After the first printing, the money generated will defray the costs of subsequent printing.

Also, a new laboratory manual for Food II has been prepared for student use, beginning Fall semester, 1984.

Funded by the Illinois Department of Adult, Vocational, and Technical Education, the manual was developed by Ruth Dow and Judy Chapman, who have taught the course for a number of years. After the manual has been used by students for three semesters, appropriate revisions will be made before the manual is reprinted. The manual has improved instruction and facilitated learning in the foods lab.

M.S. grads 'satisfied'

Recent School of Home Economics Master's graduates indicated a high degree of satisfaction with their graduate study at Eastern Illinois University. Of the 35 graduates receiving degrees between Fall 1980 and December, 1983, 71% (25) responded to a mail survey in February, 1984. Nearly two thirds indicated that they were "very satisfied"; 36% were "satisfied" with their graduate program. None indicated dissatisfaction.

All respondents are employed in positions closely related to their graduate study, with 18 (68%) in dietetics, nutrition, or food service; six (23%) in education; and one, other. Major job responsibilities are administration/management; direct service/counseling, clinical; and/or education.

Predominant reasons for enrolling in graduate study in home economics were to prepare for a job in the field and/or for advancement in employment. Self enrichment also rated high as a purpose of graduate study.

Graduates ranked the value of skills and knowledge areas in their graduate program. Skills and knowledge related to research, evaluation, and critical thinking were ranked first in value in

their careers. Communication and management skills were also very important. In graduates' personal development, major emphasis was on communication, interpersonal relationships, and increase in self confidence.

Home Economics courses were ranked most valuable to careers, followed closely by internship, and more distantly by "other courses." The most frequent suggestion for improvement of graduate programs was to include more courses in management, business administration, and computer. Changes in some undergraduate majors, and a revised focus in the graduate Supervision course address this issue. Other appropriate courses available at the university may help meet identified student needs.

The high response rate in this survey and the high degree of satisfaction expressed by Home Economics graduates is most encouraging. We plan future surveys of both graduates and employers to ensure the School of Home Economics graduate program continues to prepare qualified professionals.

—Ruth Dow

1984 Woman of the Year

Dean Barbara Owens has continued her active involvement as a professional home economist. She has been busy in several significant ways. Owens is the 1984-85 President of the Illinois Home Economics Association. She has been active in the American Home Economics Association; member of the Undergraduate Commission in 1982-83; chair of the Recruitment and Retention Showcase at the annual AHEA meeting in 1984. She has been elected Member at Large of the National Council of Administrators of Home Economics. Owens was also appointed Dean of the new College of Applied Sciences in 1984.

In acknowledgement of her service, she was named one of the 1984 Women of the Year by the Women's Studies Council for being an outstanding role model for professional and pre-professional women.

Owens and Dr. Mary Lou Hubbard completed a research project recently. It has resulted in an article to be published this spring entitled,



Dean Barbara Owens

"Assessing the Anticipated Need for Secondary Home Economics Teachers in the State of Illinois."

Nontraditional student praises EIU

Mariette Carleton, graduate student in Home Economics is enjoying a change of pace from her role in Michigan as wife and mother. Her six children now reared, Mariette is focusing her energy on her course of studies in human development and family life, with her assistantship in the Child Development lab. She stated, "I believe I bring to the classroom a wealth of life experiences which I share

in dialogue with others of all ages. In return, I have been freed from some of my stereotypes and have found some new friends. The people in the School of Home Economics have provided a human supportive environment for me as a non-traditional student, and I would encourage anyone who has been away from school for some time to consider joining us here at Eastern."

Gerontology Program progress

Currently 16 persons are enrolled in the MA in Gerontology Program. As the percentage of the population over age 60 increases and as the media helps people to become more aware of the impact of this age change in the U.S., the employment opportunities in the field of aging increase.

Some of the MA in Gerontology students will be attending the Mid-

America Congress on Aging in Kansas City in April and the Illinois Gerontological Society in Springfield in March. At both conferences, Dr. Joyce Crouse, Coordinator of the Gerontology Program and Jeanne Waller, Sandy Pfeiffer, Laurie LaVoie, Kris Lawson, and Kim Beystehner will present a session on finding employment in the aging network.

COMPUTERS serve many varied audiences



Computer workshop for student teachers and cooperating teachers.

Computer workshop held

Infusing Computer concepts into home economics programs was the purpose of a seminar for preservice student teachers and cooperating teachers held in December. With monies from a Winkleblack Family Fund grant, Dr. Kathryn Smith coordinated the computer workshop for 20 participants. The workshop was held in the Computer Lab in the Buzzard Building. The seven computers available in the lab made possible much "hands on" exploration.

Assisting with the workshop were Jeff Lahe, Computer Consultant, Illinois Board of Education, and Dr. Terry R. Smith, Iowa State University Industrial Vocational and Technical Education. Student teachers and cooperating teachers gained valuable insight into the use of computers in home economics. Participants indicated interest in future activities related to computers.

—Kathryn Smith

Elderhostel 1985 planned



Computers know no age. Elderhostel learners, Mr. and Mrs. Charles Tucker develop computer skills.

Elderhostel 1984, sponsored by the M.A. in Gerontology Program, brought 53 persons over age 60 to Eastern's campus to live and learn in a college campus environment. Elderhostel participants came from all over the eastern half of the United States—Texas to Wisconsin, Maryland to Kansas, as well as area residents.

Elderhostel 1985 offers two sessions at Eastern. The July 14-20 schedule includes adult fitness, computer learning, and "Food Facts and Fads." Featured the week of July 21-27 will be "Current Public Policy Issues," "Family Lifestyles—Past and Present," and adult fitness. For more information, contact Dr. Joyce Crouse, Elderhostel Director, EIU, Charleston, IL 61920.

New Coordinators named

As a part of the reorganization occasioned by the creation of the College of Applied Sciences, some new faculty assignments were made. Dr. Joyce Crouse, formerly the Home Economics Research Coordinator, was appointed Assistant Dean/Chairperson of the School of Home Economics (see related story). Dr. Mary Lou Hubbard was appointed Research Coordinator. She is responsible for assisting the faculty in securing research money, developing research proposals, and working with other research oriented units on campus. This spring she organized a series of four "Grantwriting" workshops for interested faculty and students.

A new position, Experiential Learning

Coordinator, was created. Dr. Virginia Vogel, continues to place and supervise interns, find internship sites, and develop materials and procedures for internships. She also assists the growing numbers of students in externships who require help in placement and follow-up activities.

Undergraduate Program Coordinators are elected by faculty to be liaisons, and to coordinate activities and curriculum within their areas. These coordinators are Food/Nutrition-Dietetics, Dr. Martha Brown; Family Services, Dr. Laurent Gosselin; Teacher Certification, Dr. Hubbard; and Fashion/Merchandising—Consumer Affairs, Mrs. Gayle Strader.

The use of microcomputers continues to increase in the School of Home Economics. Faculty had an opportunity to learn more about microcomputers and available home economics software at a workshop held in May, 1984. The two-day workshop, funded by Occupational Teacher Education and planned by Drs. Mary Lou Hubbard and Martha Brown, focused on microcomputer applications in home economics. Guest speakers/consultants Anita Wilson and Carolyn Barnhart from University of Wisconsin-Stout provided informative sessions on software evaluation and classroom/course computer applications. The workshop also provided an opportunity for "hands on" experience in using different hardware systems and in viewing examples of home economics programs. The OTE funding also allowed the acquisition of several programs in foods/nutrition, child development, and family economics.

An Apple IIe computer will arrive Spring 1985, funded by a Winkleblack

Family grant. The new Apple, in addition to existing TRS-80 and IBM-PC computers, will provide faculty and students with exposure to varied hardware systems. Assistant Dean Joyce Crouse has announced that IBM-PCs will also be available in the spring for two faculty office complexes to provide assistance for faculty teaching, research and service activities.

Microcomputer applications continue in home economics courses. All students in beginning nutrition classes now utilize a nutrient analysis program as a component of a dietary analysis assignment. A food inventory/costing program is used in the Food Systems Management course. Home Economics honor student Kathy Bronsman wrote a program on color concepts as a part of her honors program under the direction of Gayle Strader. The program presents concepts included in clothing/fashion courses. The future should see increasing computer applications in School of Home Economics activities.

—Martha Brown



New faculty Gina Gervase, Nance Southworth, Laura Swickard

New 1984-85 Faculty

New to the faculty this year are Nance Southworth, Gina Gervase, and Laura Swickard. Sister Anita Parks has another one year appointment as Jean Coyle continues on a leave of absence. All of the new faculty are on temporary appointments for the 1984-85 school year.

Nance Southworth has a B.S. from Western Michigan University with a double major in Communications and Fashion Merchandising and a minor in Retailing. She later received a teaching certificate. She has a M.A. from Michigan State University in Clothing and Textiles with Retail Management Training and Development.

Southworth has taught four years at a Michigan junior high-senior high school and taught textiles at a community college. She has eight years retailing experience in a fabric store, a department store, display manager for an athletic store, store manager for Linens 'N Things, and most recently as Assistant Store Manager at Charles A. Stevens Company of Chicago.

Southworth says she "loves outdoors. Her long term goal is to be in Training and Development for a retail corporation.

"I like the EIU students' enthusiasm—like their spirit," she stated. "The faculty and staff are warm and wonderful."

Gina Gervase has a B.S. in Home Economics, Business Option, with a concentration in Fashion Merchandising from Eastern. Later she completed requirements for teacher certification, and for a M.S. in Home Economics here.

Gervase has done professional modeling for Marshall Fields and for an independent fashion designer at the Apparel Mart. She taught four years at McClure Middle School in Western Springs, Ill. She is on leave from that school, where she will return after this semester at Eastern. "At some time, I'd like to pursue adult education where I think there will be more demand for teachers and programs—more retraining and developing of personal interests," she says of her longer term goal. She is also considering going into the business arena at some time.

Laura Swickard has a B.S. in Home Economics, Business Option, with a concentration in Consumer Affairs from Eastern and a M.S. in Family Economics and Home Management from Indiana State University. As a graduate assistant at ISU's Regional Center for Family Finance and Consumer Education, she worked in the resource library.

(See FACULTY, page 9)

EIU hosts state nutrition conference

The Illinois Nutrition Association Fall Conference will be held in the Martin Luther King, Jr. Student Union on the campus of Eastern Illinois University on Friday, September 20. The Illinois Nutrition Association and the School of Home Economics in conjunction with the Office of Continuing Education at Eastern are cosponsors for the conference. As administrators of the 41-site senior nutrition program in sixteen Illinois counties and administrators of the university's multi-disciplinary M.A. in Gerontology, the School of Home Economics is an appropriate host for this conference dealing with "Geriatric Nutrition."

The program will feature three nationally recognized authorities on the relationship of nutrition and aging. Dr. Edward Masoro from the University of Texas Health Center in San Antonio will address the topic of "Nutrition and Aging" by asking the question, "Can you influence the aging process by the use of nutrition?" In his research with rodents, Dr. Masoro has found that the aging process is definitely affected by nutrition. He will discuss the problems and practical concerns that exist in relating this research to higher mammals. Dr. Herta Spencer is the Chief of the Metabolic Section at Hines V.A. Hospital in Hines, Illinois and is also a professor of

Medicine at the Loyola University Medical School. Dr. Spencer will discuss "Calcium, Osteoporosis, and Alcoholism." She will highlight factors that induce calcium loss and discuss the interaction of calcium and other minerals, especially phosphorus and magnesium. The third presenter will be Dr. Ronni Chernoff R.D. the Associate Chief for Education and Evaluation at the Geriatric Research, Education and Clinical Center in Little Rock, Arkansas. She will lecture on "Nutrition Assessment of the Elderly" and will conclude her session with discussions of specific case studies.

Dr. Ruth Dow, the conference chair, notes that American Dietetic Association continuing education credit is anticipated. The conference should be an excellent opportunity for dietitians and other nutrition professionals, as well as gerontologists, students, and extended care personnel to broaden their knowledge of the new research and information that is available in geriatric nutrition.

Additional information about the conference may be obtained from Cloydia Larimore, Office of Continuing Education, Room 205 Old Main, Eastern Illinois University, Charleston, Illinois 61920, (217) 581-5114



Karen Coppersmith shows food displays to Nutrition Workshop participants.



Public service announcements prepared by Dr. Laurent Gosselin

and others aired on area TV stations.

School of Home Economics sponsors PSA's

If you live in Central Illinois and watch television, you may be aware of a new series of public service announcements (PSAs) sponsored by the School of Home Economics. Repeated and numerous reports from across the state give evidence that the series is being used extensively and has reached a wide audience.

Dr. Laurent Gosselin (Family Services) directed and guided the production of four PSAs to be broadcast on commercial network TV. The series, formally entitled "Partners," focuses on concerns and issues that modern families confront. The topic in each of the productions is home economics related, with the clear implication that home economists can and do serve as important resource people for families and individuals.

The project was, from its very earliest days, a group effort. Drs. Martha Brown (Nutrition) and Carolyn Jarmon (Consumer Affairs) both contributed scripts. Several others from the School faculty served on a review and editorial committee. Dr. Mary Lou Hubbard, (HEC Education) Dr. Jayne Ozier (Family Services) and Gayle Strader (Consumer Affairs). Strader and Nance Southworth (Fashion Merchandising) served as very skillful per-

formers in one of the announcements. Throughout the project, Assistant Dean Joyce Crouse administered financial matters and provided needed encouragement.

"Partners" was funded by the Winkleblack Family Foundation. The video tapes were produced by the staff at Eastern Illinois University's Radio and Television Center. The director of the center, John Beabout, gave generously of his time and expertise. He also composed original music scores which were used in two of the tapes; the Beabout children were willing performers in two of the announcements. Other performers included students from the Radio and TV Center and the Theater Arts Department.

Everyone associated with the development and production of the PSAs has expressed pride and satisfaction as reports of their use become increasingly frequent. If the PSAs are viewed in your region of the state, please contact Gosselin. Your reports will help us determine the effectiveness of the project. If the PSAs gain wide use and further acceptance, we have plans for additional productions in the not so distant future.

—Laurent Gosselin

Nutrition Workshop held

A two year Community Nutrition class project culminated in a Nutrition Workshop held November 12 for 35 staff who work with elderly and home bound persons in the Coles County area.

Dr. Ruth Dow's Fall 1983 graduate Community Nutrition class worked with Home Health Care staff to determine what type of nutrition information and education would be helpful to the Home Health Aides and their clients. The aides surveyed 118 of their 171 clients about nutrition topics of interest and concern to them, using a survey form developed and pilot tested by the students. Following analysis of the data, the graduate class made recommendations for the aides and for the 1984 Community Nutrition class.

Workshop Developed

Using the survey results the subsequent class planned a workshop for Home Health aides and others working with the elderly and homebound. Staff and volunteers from the following agencies participated: Peace Meal Senior Nutrition Program; Charleston Food Pantry; Home Health; Coles County Council on Aging; Chore Houskeeping Services and Telecare; and Senior Citizens Services,

LakeLand College. Students from two gerontology classes also participated.

Students prepared displays and nutritious snacks, gave short presentations, and answered questions on the topics selected the previous year: weight control, fat and cholesterol, sweeteners, fiber, and diabetes. Each participant received an extensive packet of resources related to the topics. A list of area sources of accurate nutrition information was included for staff and their clients.

Response to the Nutrition Workshop was very favorable. Participants described it as "informative," and "well-done." Students were commended for interesting presentations and displays. The Community Nutrition graduate students indicated that the whole process of assessing need, determining objectives and methods, implementing, and evaluating the workshop was a valuable, practical experience.

Head Start celebrates 20 years

"Miss Jackie's" March 15 workshop, "Music and Young Children," was planned to celebrate the Head Start Program's 20 years of service to children and families. "Miss Jackie" Weissman is an accomplished musician, composer, author and singer.

Sponsored by the School of Home Economics and the Embarrass River Basin Agency Head Start Program, the workshop includes theory and philosophy of child developments and how music contributes to children's motor skills, cognitive skills, and self concept.

Jackie Schaefer ('74 and '79) is director of the regional Head Start program. Nationally, research has demonstrated that Head Start has made valuable contributions to the education of preschool children. We salute Head Start on its first 20 years.

FACULTY — from page 8

Music is an abiding passion of Swickard's. She does choreography for Charleston junior high and high school, was assistant director for five high school musicals, and assists with the high school swing choir.

"Being at EIU doesn't seem unusual because I've lived in Charleston all my life, but it is interesting being on the other side of the student-teacher relationship," she reports. After this semester, Swickard plans to go to Texas to work toward her long term goal: to be a consumer representative with a large company.

Dr. Carolyn Jarmon has accepted a position as an investment counselor. Pat Huddleston is in a doctoral program at the University of Tennessee-Knoxville. Dr. Kathryn McCormick Smith is in Iowa.

—Barbara Bieler

Alumni News where are you?

Eastern's School of Home Economics graduates have gone far since graduation, not only in miles but also in their personal and professional lives.

We would like to hear from you, too. See the form on page 11 and let us know what's going on in your life.

Myrl Munson Trimble, 1936, B.S. Home Economics Education, 1506 W. Charles, Champaign, IL 61820, is a homemaker.

Aileen Carter Hurley, 1944, B.S. Home Economics Education, M.S. 1970, 1637 E. Decatur St., Decatur IL 62521, is retired.

Peggy Vise Burton, 1952, B.S. Home Economics, 8743 N. 67th Lane, Peoria, AZ 85345, has recently moved Arizona.

Frances Stevens Gardner, B.S. Home Economics Education, 309 Snook Ct., Oldsmar, FL 33557, has moved to Florida with her husband who is retired.

Betty L. Newlin Harwood, 1954, B.S. Home Economics Education, 363 Park St., Elgin, IL 60120, is a consultant.

Dorothy VanDyke McDonald, 1954, B.S. Home Economics Education, 2241 Keystone, N. Riverside, IL 60546, has three grown children, has substitute taught since 1973 and was planning to move to Arizona last summer.

Aleci Wisnir Pampe, 1954, B.S. Home Economics Education, 2301 Bittersweet, Rockford, IL 61108, is department chairman and teacher at Rockford Jefferson High School.

Myrna Miller Allenbaugh, 1956, B.S. Home Economics Education, RR #1 Box 49, Mattoon, IL 61938, is head teacher in preschool department at Mattoon Area Adult Education Center.

Kris Jaenike Ballsrud, 1970, B.S. Home Economics Education, 2709 Martin, #2023, Bedford, TX 70621, is working for the Visiting Nurses Association in Fort Worth, Texas as a Family Care Supervisor. She hires and monitors homemaking care providers in Tarrant County.

Jane Elmore, 1972, B.S. Family Services, 39 Danbury, Springfield, IL 62704.

Sara Harris Lopinski, 1973, B.S. Dietetics, 3108 Kemper, Springfield, IL 62704, is Cardiac Rehabilitation Dietitian at Memorial Medical Center, Springfield. She and her husband, Jim, have a daughter, 4.

Kathy Peterson, 1972, M.S. Home Economics Education, 18 Parkway Acres, Battle Creek, NE 68715, is teaching in Battle Creek.

Darbe Dezort Brinkoetter, 1974, B.S. Home Economics Education, 710 E. Grove Rd, Decatur, IL 62521, is employed part-time as guidance counselor at Cerro Gordo High School, is married and has two children, a daughter, 5 and a son, 2.

Diana Courter Glosser, 1974, B.S. Home Economics Education, 1982, M.S. Dietetics, Route 5 Box 88, Mattoon, IL 61938, is a self employed dietary consultant.

Karen Schultz Lindley, 1974, B.S. Home Economics in Business, 2617 Alice Lane, Decatur, IL 62521, is a homemaker.

T. Ann Wilson Stacy, 1974, B.S. Home Economics Education, 29 W400 Mercury Ct., Bartlett, IL 60103, is a

dean at Lake Park High School, Roselle, IL 60172.

Linda Dash Gibson, 1975, B.S. Clothing/Merchandising, 2112 Wiggins, Springfield, IL 62704, is the mother of a two year old girl and is the owner of Children's Crafts and Social Center Pre Schools.

Anne Wilson Bergstrom, 1976, B.S. Home Economics Education, 3021 N. Victoria, Peoria, IL 61604, had a new baby boy born October 20, 1984.

Joyce Harmon Jurgens, 1976, B.S. Home Economics Education, RR #2 Box 76, Arthur, IL 61911, is the mother of a son born in July. She has been learning how to be a farm wife and finds this "exciting and adventurous."

Jane Althoff Thomas, 1976, B.S. Family Services, 416 Shepherd Hill, McHenry, IL 60050, has been Ombudsman for City of Rockford, Executive Director of Senior Citizen Council and is now a married homemaker and mother of two children.

Kathy Grisham Keene, 1977, B.S. Home Economics Education, 1107-C Arrowhead Dr., Collinsville, IL 62234, remarried in December, 1983. She has been employed at O'Fallon High School for seven years, is working on a Master's in Counseling, and coordinates a drug/alcohol prevention effort in her community.

Elizabeth Bailey 1979, B.S. Home Economics Education, 316 Airport Rd., Salem, IL 62881, is a probation officer in Marion County, Illinois working with juveniles.

Kim Galeaz, 1979, B.S. Dietetics, 9001 Sunny Ridge, Indianapolis, IN 46250, began in May a new position with Sysco Midwest Food Services, Inc. as a Health Care Marketing Specialist.

Brenda Franklin, 1980, B.S. Dietetics, 1983, M.S. Dietetics, 709 8th Street, Charleston, IL 61920, is a WIC (Women Infants Children) nutritionist in Coles, Edgar, Clark, Douglas, and Cumberland counties.

Linda Milkint, 1980, B.S. Family Services, 1982, M.S., 19330 Wolf Rd. Mokena, IL 60448, has a new job in an insurance claims department.

Melodee Milas Rearden, 1979, B.S. Dietetics, 1980, M.S., 2201 Hazelwood #303, Urbana, IL 61801. After working as a dietitian in Atlanta, Melodee has returned to this area for a year while her husband John completes his doctoral dissertation.

Jewell Carr Ross, 1980, B.S. Home Economics Education, 1221 Oak, Danville, IL 61832, was married in December 1982, teaches junior and senior high home economics, she began working on a Master's degree in Fall 1983.

Chris Smith, 1980, B.S. Family Services, 372 Chicago St., Marseilles, IL 61341, is a Social Service Case Coordinator for developmentally disabled/mentally ill in LaSalle County and a Graduate student at Illinois State University.

Julie Southard, 1980, B.S. Home Economics Education, 314 Harding, Des Plaines, IL 60016, is a placement manager for Victor Temporary Services, Schaumburg, IL.

Linda Kravik Howell, 1981, B.S. Dietetics, 1984, M.S. Dietetics, 10274 Squire Meadows Dr., St. Louis, MO 63123, is a clinical dietitian at St. Elizabeth Medical Center in Granite City, IL.

Elaine Kendall Modene, 1981, B.S. Home Economics Education, 457 Barron, Bensonville, IL 60106, is foods and nutrition teacher, sponsor of the largest school club—Home Economics Club, and is the cheerleading coach.

Monica Waller, 1981, B.S. Consumer Affairs, RR #1 Box 148, Paris, IL 61944, is in management at McDonald's.

Joyce Ziegler Bumgarner, 1982, B.S. Dietetics, 1983, M.S. Dietetics, 3401 N. Columbus Blvd. Apt 11 D, Tuscon, AZ 85712, is a WIC nutritionist with the public health department.

Susan Ludwig Catt, 1982, B.S. Home Economics Education, 706 S. Grant, Sumner, IL 62466, is teaching junior high home economics and is busy organizing the first Future Homemakers of America group at this

level in her area.

Mary Ann Murphy Dougherty, 1982, B.S. Family Services, Evergreen Terrace 174 #8, Carbondale, IL 62901, is working on Master's degree and teaching three classes at Southern Illinois University.

Denise Thomas, 1982, B.S. Dietetics, 2233 St. Louis Ave., E. St. Louis, IL 62205, is working on her 3-year dietetics experience to qualify to write the dietetic registration exam. She is at St. Mary's Hospital of East St. Louis.

Barbara Mueller, 1982, B.S. Dietetics, 5448 Brummel, Skokie, IL 60077, is a clinical dietitian at Sherman Hospital, Elgin, IL.

Dina M. Schroeder, 1982, B.S. Consumer Affairs, 601 W. Mulberry, Jerseyville, IL 62052, is employed as a Student Loan Representative with Godfrey State Bank. She was planning to be married in September 1984.

Kim Nehrkorn, 1983, B.S. Home Economics Education, 2609 Benton Rd., Apt 5, Mt. Vernon, IL 62864, is a home economist at Martin Super Foods, Mt. Vernon, a new position she started and developed.

Lisa Burgess Olden, 1983, B.S. Family Services, P.O. Box 2, Salem, IL 62881, is Executive Director of Big Brother-Big Sisters of Marion County.

Cathy Connaway, 1983, B.S. Home Economics Education, Route 3, Nashville, IL, is a home economics teacher at Nashville High School.

June Cardell Cooper, 1983, M.A. Gerontology, 708 Taft Ave., Charleston, IL 61920, is employed by the hospice program at Lincolnland Visiting Nurse Assn. Mattoon.

Karen Loucks Donham, 1983, B.S. Consumer Affairs, RR #2, Hillsboro, IL 62049, is employed at Consumer Plastics Corporation as an Inside Sales Representative.


(See ALUMNI NEWS, page 11)

Tenth Decade Campaign announced by University

Eastern Illinois University has announced an institution-wide development plan, the Tenth Decade Campaign, in honor of its centennial in 1995.

The \$5 million campaign is "to provide money beyond appropriated funds for the general advancement of the University with special attention to enhancing Eastern's academic program.

The School of Home Economics encourages you to participate in this campaign. If you wish to designate support for Home Economics, please specify **School of Home Economics** on contribution form. We appreciate your support, financial and otherwise, regardless of the amount.

Eastern Illinois University Foundation (Make Checks Payable to EIU Foundation)		
		
Here is my gift of \$ _____	Date _____	
This contribution is from: (please print)		
_____ Name _____	_____ Class Year _____	
_____ Name of Co-Donor _____	_____ Class Year _____	
_____ Street _____		
_____ City _____	_____ State _____	_____ Zip _____
<input type="checkbox"/> Check here if you do not wish your name(s) as listed above to appear in the Roll of Honor		
★ Have you checked to see if your company is a matching gift employer? You may be able to double your dollars!		
Please Use My Gift For:		
<input type="checkbox"/> Unrestricted <input type="checkbox"/> Fund for the improvement of Undergraduate Instruction <input checked="" type="checkbox"/> Other SCHOOL OF HOME ECONOMICS (Specify)		
Send me additional information concerning:		
<input type="checkbox"/> The President's Club <input type="checkbox"/> Life Income agreements, trusts, or gifts of Life Insurance <input type="checkbox"/> Wills, bequests and opportunities for endowment		

Let us hear from you!

Name

First (maiden) (married)

Year of Graduation

Degree

Option

Address

Would you and your employer be willing to have a student observe you in your work for a day or for a few hours? ☐ Yes ☐ No

Employer

Address

Personal/ Professional news of Interest

THANK YOU!

ALUMNI, from pg. 10

Patti Gaffner, 1983, Home Economics Education, RR #1 Box 69, Greenville, IL 62246, is Food Service Director, Beck Vocational Center, Red Bud, IL. She was planning to be married in June, 1984.

Linda Isaacs, 1983, B.S. Dietetics, 1984, M.S. Dietetics, RR# 6, Olney, IL 62450, is WIC (Women Infants and Children) Nutritionist in Richland, Clay, and Marion Counties.

Nancy P. Jackson, 1983, B.S. Foods/Nutrition, 1984, M.S., 705 Edgetone #263, Arlington, TX 76011, is in sales for NIFDA food service company. She is engaged to be married in May, 1985.

Karla Kennedy, 1983, B.S. Dietetics, 1984, M.S. Dietetics, 13 Sherwood Ed- dy Dr., Apt. F, Jacksonville IL 62650, is a clinical dietitian at Passavant Hospital in Jacksonville. She also assists with a Wellness "Center for Health" at the YMCA.

Mary Kilroe, 1983, M.S. Dietetics, 3643 W. 107th Pl, Chicago, IL 60655, is a clinical dietitian in Chicago.

Susan Leonard, 1983, B.S. Dietetics, 1984, M.S. Dietetics, 705 E. Monroe, #4, Bloomington, IL 61701, is a dietitian at Brokaw Hospital in Nor- mal, IL.

Laura Rick, 1983, B.S. Dietetics, Caribbean Springs Village, 10309 NW 9th St., Circle #204, Miami, FL 33172, is a graduat assistant in nutrition at Florida International University.

Anita Roller, 1983, B.S. Family Ser- vices, 504 Long Lane, Lancaster, PA 17603, is teaching a day care school for children 18-26 months old.

Lynn Zalokar, 1983, B.S. Consumer Affairs, 16825 Oketo Ave., Tinley Pk. IL 60477, is a member of the Chicago HEIBS and is employed with National Institute for the Food Service Industry as a Marketing Assistant.

Sandy Beard, 1984, B.S. Home Economics Education, 10006 Shagbark, #1B, New Lenox, IL 60451, is a Lincoln-Way High School, New Lenox, teaching three junior/senior foods classes and two special education home economics classes.

Carolyn Butler, 1984, B.S. Home Economics Fashion Merchandising, 5959 Northwest Highway, Apt. 1048, Dallas, TX 75231, works as a pattern maker for garment company in Dallas.

Amelia Dwers, 1984, B.S. Family Ser- vices, 301 Southland, Terre Haute, IN 47805, is director of Union Hospital Day Care in Terre Haute, Ind.

Maureen Frangella, 1984, B.S. Con- sumer Affairs, 7955 W. Ponderosa Ct. Orland Park, IL 60462, is a sales representative with Stouffers.

Janet D. Swope, 1984, B.S. Family Services, 709-D Bullock, Eureka, IL 61530, is employed at the Maple Lawn Home/Noah's Ark Children's Center at Eureka, IL., as a head teacher in the Day Care Center.

Jessie Tingley, 1984, B.S. Home Economics Education, 300 N. Howard, Apt. 3C, Robinson, IL 62454, is Cooperative Extension Youth Advisor in Crawford County.

Liz Voegtle, 1984, B.S. Fashion Mer- chandising, 2003 West Av. St., Belleville, IL 62221, is employed at Wal-Mart.

You can help recruiting

We encourage you to help recruit students for Eastern's fine programs in Home Economics. If you know persons who may be interested in the School of Home Economics and the program options provided here, please complete the form below and return it to the Assistant Dean, School of Home Economics, EIU. We will provide information to the student regarding various career options available at Eastern. We need your assistance with our recruitment program. Please respond by completing the form below and naming students in your area whom we may serve. Thank you for your help.

To: Dr. Joyce Crouse, Assistant Dean
School of Home Economics, Eastern Illinois University
Charleston, IL 61920

The students listed below may be interested in one or more of the options/areas of concentration available in the School of Home Economics: Dietetics: Family Services: Home Economics in Business-Foods and Nutrition, Fashion and Merchandising, or Consumer Affairs: Home Economics with Teacher Certification.

Names of Prospective Students	Address	Phone
Suggested by: your name		

Graduate student research

The number of graduate students in Home Economics has increased over the years, as has the number choosing the thesis option. Abstracts of the theses follow:

Donna Kaufmann, adviser C. Jarmon, Attitude, Knowledge and Behavior to Savings: A Study of Southern Illinois Rural Women, 1984. Small town and farm women completed a question- naire about their attitudes, knowledge and behavior related to savings. Those with higher levels of education, women older than 30, and small town women had significantly higher scores for attitudes and knowledge about savings alternatives. About 70 percent of all respondents reported being able to save at the time of the study. The attitude ratings, knowledge scores and behavior were found to be positively related to each other.

Susan L. Reuter, adviser J. Ozier, Preschool Children's Perceptions of and Attitudes Toward Elderly People, 1984. The children studied had frequent contacts with elderly people, according to their parents. The preschoolers appeared to project their own interests and activities onto the elderly, i.e., when instructed to, "Tell me about jobs old persons can do," the child might reply, "He puts his things away." The children's at- titudes toward the elderly tended to be neutral rather than positive or negative.

Joyce E. Coleman, adviser V. Vogel, Early In-

tervention Services and Parent Involvement, 1984. A study of the perceived needs of families served by an early intervention program for developmentally delayed young children was conducted. Parenting information was most frequently cited as the greatest need.

Melanie A. R. Adams, adviser V. Vogel, Sex Role Stereotyping Among Preschool Children as Seen in Family Living Center, 1983. Young children were observed while playing in the family living center of the School of Home Economics Child Development Laboratory. Girls chose the area far more frequently than boys. Children frequently chose stereotypic sex roles for their dramatizations, indicating that by age four they were aware of sex role stereotypes and used them in their play.

Karen M. McCauley, adviser R. Dow, Nutritional Assessment of Alcoholics: Emphasis on Vitamin A and Selenium, 1983. Alcoholic hospitalized veterans' nutritional status was assessed. The assessment showed some nutritional irregularities, but significant malnutrition was not found.

Colleen A. Ruebke, adviser R. Dow, Preschoolers Dessert Preferences and the Effects of a Nutrition Lesson on Them, 1983. Preschool children were pretested about their preference for fruit or cookies as a dessert. After a nutrition lesson about the value of fruit, the post-test showed a continued preference for cookies. However, several teachers expressed interest in more nutrition education.

Alicia E. L. Womack, adviser P. McAlister, The Relationship Between Consumer Needs of Adults and Their Willingness to Participate in Adult Education Classes, 1982. The perceived needs of adult consumers and their willingness to attend classes was assessed. Those most in- terested and most willing to attend classes were younger adults, those with higher incomes, and those with higher education levels.

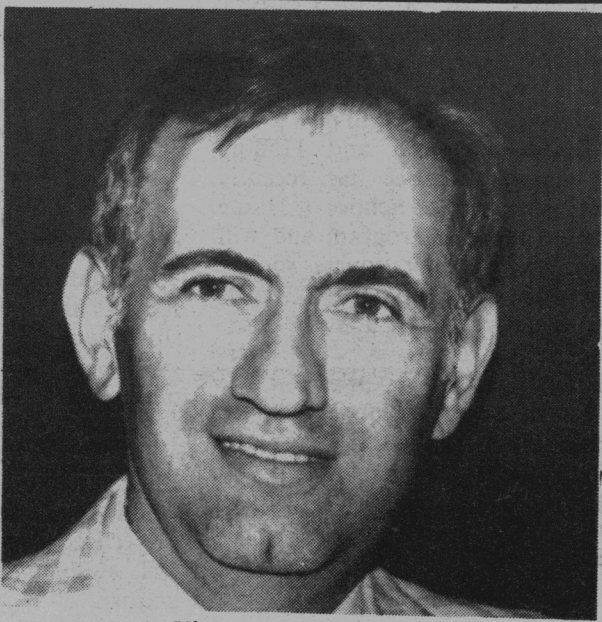
Marilynn W. Schumacher, adviser P. McAlister, Clothing and Dressing Problems of the Cerebral Palsied Child, 1978. A questionnaire about the degree of handicap and survey of clothing and dressing problems was administered to parents of cerebral palsied children. The degree of handicap and kinds of clothing problems varied widely. There did not appear to be any relationship be- tween the degree of handicap and clothing problems and the parents' desire for more in- formation and aid in selecting and/or making clothing. Because most of the children were still quite young, most parents seemed willing to let the child develop more skill before becoming concerned about clothing and dressing as a real problem.

The academic and public service efforts of the School of Home Economics belong to basic traditions of Eastern Illinois University. Yet the School is not content to "rest" on its traditions and its record of achievement. Instead, it has been reviewing its work regularly and developing new, strong programs and options which are faithful to tradition yet also meet current and future needs.

In my "freshman year" here I've had the chance to meet a number of our graduates who are successful in fields such as nutrition, design, teaching, and social service. Like earlier graduates they are people and service oriented and committed to physical and emotional welfare of those with whom they work. These are the kind of people who have made Eastern the kind of institution it is known to be.

It's a pleasure and privilege to be associated with the faculty, staff, students, and graduates of the School.

Edgar B. Schick
Provost and Vice President for Academic Affairs



Vice President Schick

Council members review activities in the School

New and returning members of the School of Home Economics Advisory Council met on November 7, 1984 to review the options of Foods/Nutrition and Dietetics. Chairperson Lucille Carwell, home economics teacher, Kansas High School opened the meeting. Dean Barbara Owens, College of Applied Sciences expressed her appreciation to the Council for the time spent in providing input for program improvement. Dr. Joyce Crouse, Assistant Dean/Chair, School of Home Economics reviewed recent activities within the School and introduced program coordinators who gave brief updates on the program.

Orientation to the focus of the 1984-85 session was provided by Dr. Ruth Dow. Council members and faculty were divided into specific areas of focus including competencies for graduates, and experiential learning, and employment opportunities for students in Foods and Nutrition and in

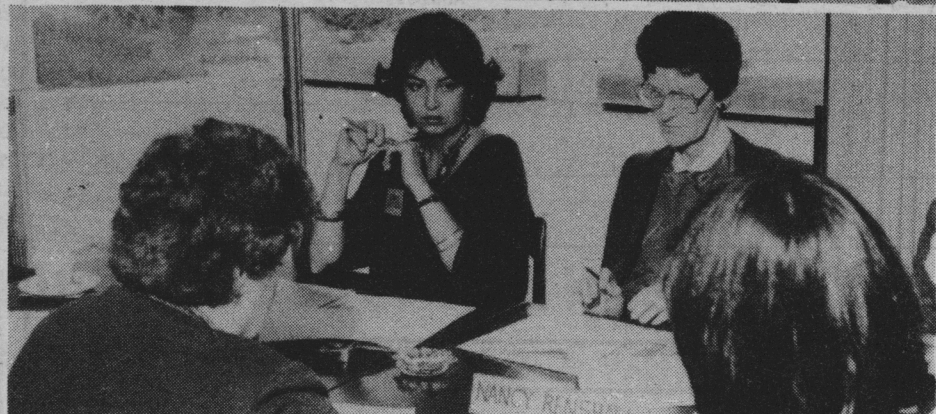
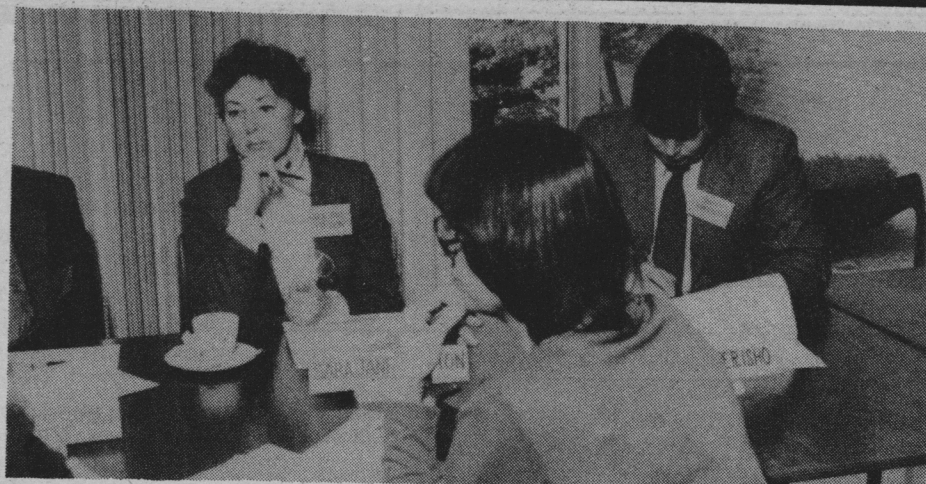
Dietetics.

Vice President of Academic Affairs Edgar Shick joined the Council members for lunch.

Summaries from each task group were given in the afternoon; Drs. Martha Brown and Ruth Dow reviewed steps for utilizing Council members' input. The Spring 1985 meeting date was set for April 10.

New Council members include Beth Knowles, Knowles Cafeteria, Mattoon; Nancy Roman Renshaw, Hour House, Charleston; Shirley Swartz, St. John's Hospital, Springfield. Ad hoc members are Susan Funkhouser, St. Louis District Dairy Council, Mahomet; Diana Glosser, Mattoon; Jody Horn, Charleston; Bonnie Kruse, St. Anthony's Memorial Hospital, Effingham; Susan Nied, Kitchen of Sara Lee, Deerfield; and Bertha Perisho, Quaker Oats, Danville.

—Mary Lou Hubbard



Deep in thought, School of Home Economics Advisory Council members met in November to discuss op-

tions available to Foods and Nutrition/Dietetics majors.

Schmalhausen dedicates 25 years to Eastern

Dr. Ruth Schmalhausen, emeritus faculty, continues to be a progressive home economist.

She came to Eastern to teach in 1937, served as Department Head 1959-1961, and retired in 1962 after a full and active career.

At Eastern, she taught clothing, home management, family relations, and child development. She feels she has helped hundreds of students prepare for careers in home economics and to prepare for marriage. Home economics students were required to live in home management houses for one term to learn home management skills. Schmalhausen brought the first baby to the home management house. She designed the two home management houses built by the University in the late 1940's. One of those houses is presently used by the zoology department.

Schmalhausen grew up in Robinson, Ill. She earned degrees from the University of Chicago, Columbia University and Pennsylvania State University. Before coming to Eastern, she taught high school home economics in Illinois and Indiana, and in colleges in West Virginia and New York.

While at Eastern, she helped organize the American Association of University Professors, AAUP. Teaching has been the most important aspect of her life. She "likes everything about teaching."

Now 85, she lives in Charleston. Her favorite activities are playing bridge, travelling, and church activities.

Schmalhausen has most positive feelings about Eastern Illinois University. She is proud of its growth over the years, as well as the growth and development of the School of Home Economics. She recalls that there were around 50 students in home economics when she came to Eastern in 1937. About 100 students were enrolled when she retired in 1962. Today more than 500 students are home economics majors.



Dr. Ruth Schmalhausen

Schmalhausen feels that Eastern had given her so much. Schmalhausen has given much to our School and the University. We are grateful to Dr. Schmalhausen for her twenty-five years of work and commitment that contributed to the success. Thank you for your dedication and hard work.

—Virginia Vogel

Coming Events

- Mark your calendar
- Watch for more information
- Attend events

April 20, 1:30 p.m.—Spring Recognition Reception, presentation of Outstanding Alumnus Award, scholarships, other awards, Tarble Arts Center, Eastern Illinois University.

October 12, 10:30 a.m.—School of Home Economics Alumni Reception, EIU Homecoming, Charleston.

November 2, 10:30 a.m.—Parents' Weekend Reception, School of Home Economics, Charleston.



Honors Program students Jean Deal and Kathy Bronsman (at computer) demonstrate their Honors projects

for Mrs. Norma Harrison and Mrs. Gayle Strader.

Honors Program students active in independent studies

Designed for academically talented students in Home Economics, the Honors Program had two students involved in Honors Independent Study this fall. Both projects were excellent and gave the students an opportunity to explore areas of home economics related to their major which are not normally covered in their classes.

"Color Concepts—A Guide to Personal Coloring" by Kathy Bronsman is a computer program developed for the IBM Personal Computer. It is designed to allow the user to investigate the basic ideas related to color. Kathy was able to combine her coursework in data processing with new knowledge about color. Kathy also developed a supplementary booklet including color samples for suggested follow up activities.

Jean Deal investigated indepth the trends in British Fashion. "British Fashion Movements: 1980-84" is

presented in loose leaf form and Jean has made a study of fashion in Great Britain and discussed its influence on U.S. fashion. After a trip to Europe last summer, Jean was interested in the interrelationship between European and American fashion trends.

Both Jean and Kathy will now go on the Honors Research and Honors Thesis. Karen Gambee has recently been accepted into the School of Home Economics Honors Program and will begin the special honors courses soon.

The School of Home Economics Honors Program has a new coordinator as of January, 1985. Dr. Patricia McAlister has represented the School of Home Economics on the University Honors Council for several years and now will assume the duties of Honors Coordinator for Home Economics.

—Carolyn Jarmon

SUMMER SCHOOL 85

The following graduate level courses will be taught during the five week session from June 17 to July 25, 1985

HEC 2270 (3 s.h.)Housing.....Dr. Patricia McAlister
HEC 4820 (3 s.h.)Death and Dying.....Robert Butts

Workshops/Special Courses

★ **Developmental Discipline and Guidance of Children—HEC 3998 or 4998** (1 s.h.) May 24-25. Dr. Barbara Bieler.

Theories of socialization used to generate guidance principles; theories and process of discipline and guidance; implications for practical application in home and school.

★ **Fashion forecast for the 90's—HEC 3999 or 4999** (1 s.h.)

June 7-8. Dr. Mary Lou Hubbard

Identification of current trends in the fashion and textile industries and analysis of anticipated trends into the 1990's. Impact and applications for the individual consumer.

★ **Current Issues and Trends—HEC 5460** (3 s.h.)

June 18-27. Dr. Mary Lou Hubbard

Seminar emphasizing current emerging problems, issues, trends and developments in home economics.

★ **Life Work Planning—HEC 3998 or 4998** (1 s.h.)

June 21-22. Dr. Virginia Vogel

Focus on identification of job skills and effective life work planning strategies.

★ **Consumers In Transition—HEC 3998 or HEC 4998** (1 s.h.)

June 28-29. Gayle Strader

Consumers making the transition from the present to the future high-tech marketplace are confronted with new over-choice dilemmas. Projections related to availability of goods and services implications for consumers in this emerging society.

★ ★ ★ **The Aging Individual In A Changing Environment: Looking To The Future—HEC 4999** (1 s.h.) July 8-11. Dr. Harvey Sterns

★ ★ ★ **Seminar In Occupational Education: Application Of Microcomputers In Vocational Education Classrooms—HEC 5070** (3 s.h.)

July 8-18. Dr. Joyce Crouse, Dr. Larry Helsel, Dr. Robert Sullivan and Dr. Richard Hofstrand

Application of microcomputers in vocational education classrooms, instruction support, computer use in different occupational settings.

★ **The Blending Family—HEC 3998 or 4998** (1 s.h.)

July 12-13. Dr. Laurent Gosselin

Exploration of multiple forms of the blended family. Focus on interactions, adjustments and issues the reconstituted family and its members must face.

★ **Dual Career Families and Multiple Roles: A Balancing Act—HEC 3998 or 4998** (1 s.h.) July 19-20. Dr. Virginia Vogel

Study of dual career models and identification of alternative methods for

balancing life roles.

★ ★ ★ **Living Environments—HEC 4780** (3 s.h.)

July 22-August 1. Dr. Patricia McAlister

Planning living spaces for families considering environment, design, space and materials in relation to family needs and resource. Prerequisites: Home Economics 2270 and 4280 or permission of instructor.

★ **Consumers In The Electronic Era—HEC 3999 or 4999** (1 s.h.)

July 26-27. Gayle Strader

Predictions indicate that society is moving toward an electronic future. What present consumer skills can weather this transition? Will technology completely change our shopping? Our eating habits?

★ **The Maltreated Child: A Comprehensive Overview Of Abuse and Neglect—HEC 3999 or 4999** (1 s.h.) July 26-27 Laurent Gosselin

Building an understanding of child maltreatment; as overview of developmental problems and characteristics of individuals victimized by family violence. Review of theoretical perspectives on causes, methods of treatment, and prevention.

★ ★ ★ **New Female, Male Relationships: Peace Ground or Battle Ground?—HEC 3999 or 4999** (1 s.h.) July 29-August 1. Dr. Jessie Potter

★ **Adult Children and Their Parents—HEC 3998 or 4998** (1 s.h.)

August 2-3. Dr. Barbara Bieler

Examination of issues which arise between adult children and their aged parents; implications for individuals, families and institutions.

★ **Entrepreneurship Education—HEC 3999 or 4999** (1 s.h.)

August 9-10. Dr. Mary Lou Hubbard

Characteristics and concerns of entrepreneurs. Resources and incentives for the development of entrepreneurs.

Note:

★ **Meets Fridays 1800-2200 (6:00-10:00 p.m.) and Saturdays 0800-1200 and 1300-1730 (8:00 a.m.-12:00 p.m.; 1:00-5:30 p.m.)**

★ **Meets Tuesday through Friday (June 18-21 and Monday through Thursday June 24-27 1330-1830 (1:30-6:30 p.m.)**

★ ★ **Meets Monday through Thursday 1530-1850 (3:30-6:50 p.m.)**

★ ★ ★ **Meets Monday through Thursday 1330-1830 (1:30-6:30 p.m.)**

Information:

New and former students who plan to register for short term credit workshops and/or special courses in Summer School must apply for admission and readmission and submit appropriate academic credentials, if required, at least ten (10) days prior to registering for the short term workshop or special course. Students enrolled in courses on campus and off campus at Eastern spring semester 1985 need not apply for readmission. Students may register for these short term courses on the central registration dates—May 3, 20 for the intersession and June 17 for the eight- and five-week sessions. Students may also register on the first day of the workshop prior to the time the course begins (but no later than 3:30 p.m.) provided that the students have permits to register. Students may also request mail-in registration for workshops only. Students who are not seeking a degree at Eastern Illinois University and are not former Eastern students may apply for admission as **Summer Guest Student**. A Summer Guest Student may enroll without submitting official transcripts.

For Further Information Contact:

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